InflammaDry® MMP-9 Test



A simple, 4-step process to aid in dry eye diagnosis

Please note

- InflammaDry should be performed PRIOR to instilling ocular anesthetic or topical dyes or performing Schirmer testing. If drops are used, wait 2 hours before collecting a tear sample.
- · Once opened, the Test Cassette should be used within 1 hour.

Reading the results

- · Wait a minimum of 10 minutes before reading the test results.
- If the test is negative after 10 minutes, allow an additional 5-10 minutes before reading the test results.
- Read any form of a red line, whether faint, broken, or shadowy, as a positive test result.

1



Collect sample

To collect a tear sample, gently dab the sample collector in 6-8 locations on the palpebral conjunctiva until the fleece glistens (see tips below).

2



Assemble test

Snap the sample collector into the Test Cassette. Press firmly where indicated when assembling. A double click means the test is properly assembled.



Run test

Immerse the absorbent tip in the provided buffer vial for a minimum of 20 seconds until a purple fluid wave is observed moving across the result window

Replace the protective cap and lay the test flat on a horizontal surface.

4



Read results

After 10 minutes, read the test results.

RED + BLUE = POSITIVE BLUE = NEGATIVE

Tips for success with InflammaDry

Collecting the tear sample



Instruct the patient to look up.



Gently lower the eyelid to expose the palpebral conjunctiva.



Dab the sampling fleece in multiple locations along the conjunctiva, releasing the lid after every 2-3 dabs.



Allow the patient to blink.



After completing a minimum of 6-8 dabs along the conjunctiva, allow the sampling fleece to rest on the conjunctiva for an additional 5 seconds to ensure saturation.



Inspect the sampling fleece. The fleece will glisten when an adequate tear sample is collected. Depending on the patient's tear composition, the fleece may also turn patchy pink in color. If the fleece is NOT glistening, repeat the entire process.

Refer to the Package Insert for InflammaDry found on the InflammaDry product page under Product Documentation at **quideleyehealth.com/inflammadry**

